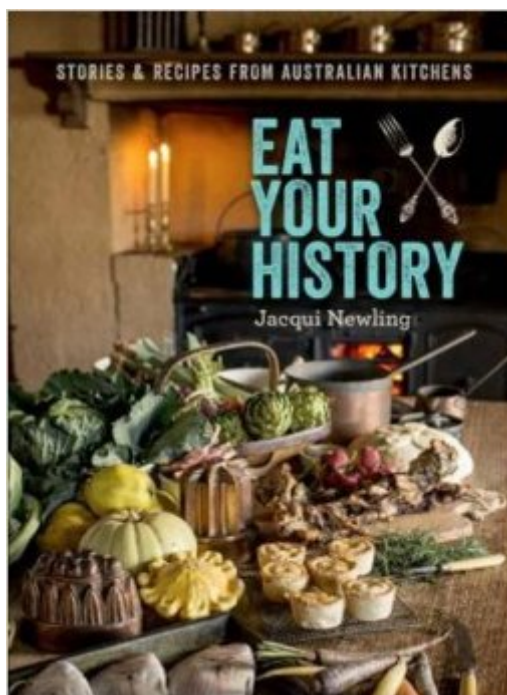


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# Eat Your History: Stories And Recipes From Australian Kitchens



## Synopsis

Handwritten recipes passed through the generations, tales of goats running wild in colonial gardens and early settlers' experimentation with native foods | Eat Your History dishes up stories and recipes from Australian kitchens and dining tables from 1788 to the 1950s. Jacqui Newling, resident gastronomer at Sydney Living Museums, invites you to share forgotten tastes and lost techniques, and to rediscover some delicious culinary treasures.

## Book Information

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #588,333 in Books (See Top 100 in Books) #65 in [Books > Cookbooks, Food & Wine > Asian Cooking > Pacific Rim](#) #218 in [Books > History > Australia & Oceania > Australia & New Zealand](#) #728 in [Books > Cookbooks, Food & Wine > Cooking Education & Reference > History](#)

## Customer Reviews

What a fun book!! Eat your history is a combination history book and cookbook, and is a complete delight!! Enjoy an entertaining history of Australia while trying culinary delights from over the years. From Simple Seafood Chowder to Wallaby Tail Stew, Tomato Chutney, Little Raised Pies (from an 1895 cookbook!), there is much to enjoy in this book. I love all things lemon, so the Lemon Biscuits are right up my alley. I love that they not only have a recipe for Mulligatawny, but also include a recipe (from 1864!) for Curry Powder. In the mood for something older? Apple Snow has been around since the 17th century! Eat Your History is a fascinating book that is as fun to read as it is to cook from. I've thoroughly enjoyed it, and highly recommend it. Re-create a piece of Australian history in your own home tonight. I received a copy of this book from IPG for my honest review. All thoughts and opinions are my own.

Interesting, factual, fun! I can almost smell the recipes as I read them.

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